



Boys run at 4:00 with the girls following at 5:00 on Tuesday September 15th. The bus departs SLHS at 2 PM Don't be late. Parents can elect to have their boys ride the bus or the parents can arrange their own transportation. If a boy rides the bus TO the meet, he must also ride the bus FROM the meet. Coach Smith will publish a list AFTER the bus returns to SLHS that lists the boys who rode the bus.

Parents and fans can enter and park on the grass infield with a view towards the start and finish. Don't cross the black top drive along the start. Stay on the north side of the blacktop That worked great when SL East visited the other week. With the new course, really just that 400 meter start and .1 finish is visible to spectators.

Here is a rough map of the new modified course. We've combined elements of the old and new courses so the course largely runs the perimeter of the park.

The start is the same that it's always been and the first mile is basically that of the new course introduced last year. Loops around the two East open fields. Then we cut right into the woods and run that section in the opposite direction from last year, passing the mile marker.

Next we come out of the woods and loop around the north open field back to the woods. Veering to the right they'll hit a new, wooded dirt path that takes them to the two mile marker.

The third mile is basically a loop encompassing the southern section of the park, winding back to most of the last mile of the old course. Same finish line as the old course.

The course is lined, bannered and marked with pylons so the kids shouldn't have any confusion.

Hess Hathaway XC Course Covid Version.

Parents & Athletes park on the NORTH side of the paved driveway that runs east/west. Parent spectators must stay on the same side as the cars. MASKS!