



## **Inaugural Lakes Valley Conference Cross Country Championship**

**Thursday, October 19, 2017**

**Island Lake State Recreation Area 12950 E. Grand River Ave, Brighton**

**1:00pm Course opens**

**3:30pm Girls Varsity**

**4:00pm Boys Varsity**

**4:30pm Girls Reserve**

**5:10pm Boys Reserve**

**5:50pm Awards**

**18 individual medals will be handed out for two all-conference teams. Trophies will be awarded to the meet champions as well as to the dual meet champions.**

**In an effort to help teams best identify their top 7 for the upcoming Regional Championships, coaches may enter up to 8 runners in the varsity race.**