

**TRACK AND FIELD CONFERENCE CHAMPIONSHIP MEET  
WATERFORD KETTERING HIGH SCHOOL  
SATURDAY MAY 11, 2019**

**PARTICIPANTS:** Milford, South Lyon East, Waterford Kettering, Lakeland, Waterford Mott,  
Walled Lake Central, Walled Lake Northern, South Lyon, Walled Lake Western

**PLACE:** Waterford Kettering High School, 2800 Kettering Dr, Waterford, MI 48329

**TIME SCHEDULE**

**11:30(TBD) COACHES' MEETING**

**11:30 BOYS' POLE VAULT..... RUN TO CONCLUSION**  
**GIRLS' POLE VAULT (to follow)**

**12:00 BOYS' LONG JUMP Open order until 1:00... FINALS FOLLOW IMMEDIATELY**  
**GIRLS' LONG JUMP (to follow)**

**BOYS' DISCUS..... FINALS FOLLOW IMMEDIATELY**  
**GIRLS' DISCUS (to follow)**

**GIRLS' SHOT PUT..... FINALS FOLLOW IMMEDIATELY**  
**BOYS' SHOT PUT (to follow)**

**GIRLS' HIGH JUMP..... RUN TO CONCLUSION**  
**BOYS' HIGH JUMP (to follow)**

**12:45 SENIOR RECOGNITION**

**1:00 RUNNING EVENTS BEGIN**

**1:00 FINALS 3200 RELAY**

**1:30 PRELIMS 100 Dash**  
**110/100 Hurdles**  
**200 Dash**

**2:50 REGULAR SEASON CONFERENCE DUAL MEET AWARDED**  
**NATIONAL ANTHEM**

**3:00 FINALS 110/100 HURDLES**  
**100 DASH**  
**800 RELAY**  
**1600 RUN**  
**400 RELAY**  
**400 DASH**  
**300 HURDLES**  
**800 RUN**  
**200 DASH**  
**3200 RUN**  
**1600 RELAY**  
**CONFERENCE MEET CHAMPION AWARDED**

# Mens

## 100 Meters

V: 4		Seed
V	11Brenden Lach	11.64
V	11Jack Schafer	11.84
V	11Isaac Nooe	12.04
V	11Vaughn Vinson	12.34

## 200 Meters

V: 4		Seed
V	11Jack Schafer	24.04
V	11Brenden Lach	24.54
V	11Isaac Nooe	24.57
V	9 Dakota Blackwell	25.15

## 400 Meters

V: 3		Seed
V	12Greg Jowett	54.53
V	9 Dakota Blackwell	59.00
V	11Vaughn Vinson	59.54

## 800 Meters

V: 3		Seed
V	12Greg Jowett	2:10.27
V	9 Vincent McDonald	2:21.55
V	10Matt Curtiss	2:21.75

## 1600 Meters

V: 3		Seed
V	12Greg Jowett	4:47.33
V	9 Reiner Kandt	4:54.62
V	9 Steven Bosworth	4:56.40

## 3200 Meters

V: 3		Seed
V	9 Reiner Kandt	10:45.03
V	9 Gavin Howell	11:42.94
V	10Dominick Foytek	12:04.24

## 110m Hurdles

V: 3		Seed
V	11Riley Stiglich	16.11
V	12Joey Villarosa	18.20
V	11Alex Ciuk	18.31

## 300m Hurdles

V: 3		Seed
V	11Riley Stiglich	44.96
V	9 Steven Bosworth	47.56
V	11Alex Ciuk	47.82

## 4x100 Relay

V: 4	Seed
V-A111Brenden Lach	45.82
V-A211Jack Schafer	45.82
V-A311Vaughn Vinson	45.82
V-A411Isaac Nooe	45.82

#### 4x200 Relay

V: 4	Seed
V-A111Brenden Lach	1:35.12
V-A211Jack Schafer	1:35.12
V-A311Isaac Nooe	1:35.12
V-A411Riley Stiglich	1:35.12

#### 4x400 Relay

V: 4	Seed
V-A112Greg Jowett	3:48.17
V-A211Riley Stiglich	3:48.17
V-A39 Dakota Blackwell	3:48.17
V-A411Vaughn Vinson	3:48.17

#### 4x800 Relay

V: 4	Seed
V-A19 Reiner Kandt	9:21.78
V-A29 Steven Bosworth	9:21.78
V-A39 Vincent McDonald	9:21.78
V-A410Matt Curtiss	9:21.78

#### Shot Put

V: 3	Seed
V 11Jack Schafer	44' 11.75
V 11Caleb Baker	42' 3
V 10Eric Walrrath	35' 3

#### Discus

V: 3	Seed
V 11Caleb Baker	110' 6
V 10Eric Walrrath	106' 2
V 11Zach Stein	102' 1

#### High Jump

V: 2	Seed
V 11Zach Stein	5' 3
V 11Vaughn Vinson	

#### Pole Vault

V: 2	Seed
V 12Joey Villarosa	13' 6
V 11Alex Ciuk	11' 6

#### Long Jump

V: 1	Seed
V 9 Dakota Blackwell	18' 6